

WHAT'S ON during January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 NEW YEARS DAY 12.00 BW & AL Bring & share* 2.30 AL Mahjong	2	3 9.45 Exercise 11.00 AL Exercise 6.45 Bingo	4	5
6 10.30 Social Club Tea 2.30 Book Club 2.30 AL Residents Tea + Fire Brigade * 4.30 Rockdale Cafe 7.00 Darts & Pool	7 2.30 Residents Tea & Quiz	8 10.00 Mobile Library 3.00 Rockdale Singers	9 9.30 Art class 2.30 Music & Movement	10 9.45 Exercise 10.00 Crosswords* 11.00 AL Exercise 3.00 AL Up Words 3.00 Crafts	11 2.30 Table Games 3.00 AL Table Tennis	12
13 10.30 AL Residents Coffee 11.00 AL Crafts 7.00 Darts & Pool	14 2..30 Residents Tea + Rick Woodward" Travels near and far"* 7.00 Private booking	15 9.45 Exercise 11.00 AL Exercise 2.30 AL Mahjong 3.30 Church service	16 9.30 Art class 2.30 Forget Me Notes 6.30 Pub Quiz	17 10.00 AL Men's meeting * 2.30 Bridge 3.00 AL Up Words 6.45 Bingo	18 2.30 Table Games 3.00 AL Table Tennis	19 2.30 Residents tea 6.00 Men's meeting*
20 10.30 Social Club 11.00 AL Exercise 2.30 AL Residents tea 7.00 Darts & Pool	21 2.30 Residents Tea & Quiz	22 10.00 Crosswords* 3.00 Exercise	23 9.30 Art class 2.00 Hearing Aid Clinic	24 9.45 Exercise 11.00 AL Exercise 3.00 AL Up Words	25 2.30 Table Games 3.00 AL Table Tennis 5.30 Robert Burns Night*	26 3.00 Film club
27 10.30 AL Residents coffee 7:00 Darts & Pool	28 9.45 Exercise 11.00 AL Exercise 2.30 Residents Tea + Fire Brigade * + pop up ear wax check	29 2.30 AL Mahjong 3.30 Church service	30	31 10.00 Crosswords*		

All events are held in Beatrice Wilson Common Room unless otherwise stated. **AL** = Akehurst Lane. * **PTO for more information**

Please note new activity—Crosswords—Fancy a fun challenge? Come and join our new crosswords sessions. No booking necessary. See dates overleaf

- ◆ **Wednesday 1st January, Bring & share, midday in both BW and AL.** Herald in the New Year with “ bring and share “ of your leftover Christmas goodies.
- ◆ **Monday 6th January, Fire Brigade AL 2.30** — Residents Tea plus chat with the Fire Brigade. Please note: if there’s an emergency the Fire Brigade needs to attend they may cancel us at short notice.
- ◆ **Monday 6th January Rockdale Café BW 4.30**—Bring your purse for light, café-style food. Please ask Jean for menu details
- ◆ **Tuesday 14th January Rick Woodward BW 2.30** — Residents Tea plus a talk from Rick Woodford. Back by popular demand, local businessman and keen photographer Rick will again amaze and entertain us with his great travel stories.
- ◆ **Thursday 16th January Pub Quiz BW 6.30**—as always feel free to bring your own snacks and drinks.
- ◆ **Friday 17th January Men's Meeting AL 10.00**— All men are welcome to discuss possibly plans and ideas for a Men’s Club.
- ◆ **Sunday 19th January Men’s meeting BW 6.00**—All men are welcome to discuss possibly plans and ideas for a Men’s Club.
- ◆ **Saturday 25th January Robert Burns BW 5.30**— Burns Night... Celebrating the Baird and all things Scottish, with music, poetry and – of course – traditional Scottish fayre. Dress code: ‘a hint of Scotland’. Tickets £5.50 via Reception. Please ask Jean for any further information.
- ◆ **Tuesday 28th January Fire Brigade BW 2.30**—Residents Tea plus chat with the Fire Brigade. Please note: if there’s an emergency the Fire Brigade needs to attend they may cancel us at short notice.

Don't forget **Leanne's treatments** - Hand/ Foot massage— Rockdale sitting room—every Tuesday mornings 9am-11.30am. Please pre—book : 07729276502

And finally, **a big, heartfelt THANK-YOU** for all the lovely gifts you gave the staff for Christmas.